

Since 1972

Stock No. 2857

Manufactured by  
Nature's Sunshine Products Inc., Utah, 84660, USA  
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Supplied by ZU Direct Ltd.  
Hortonwood 32, Telford, TF1 7YL, UK



# BOWEL BUILD

*A unique combination of antioxidant vitamins, minerals and herbs,  
with activated charcoal, betaine hydrochloride and ginger*

Food Supplement – capsule weight 660 mg – 15-20 day supply

120 CAPSULES

Best before end (shown at right of label).

*Store in a cool, dry place out of the reach and sight of children.*

Each eight capsules contain:

%NRV\*

Vitamin A (RE)		
(from 1200 µg beta-carotene)	200 µg	25%
Vitamin E	10.6 mg	88%
Vitamin C	80 mg	100%
Zinc	8 mg	80%
Selenium	40 µg	73%
Betaine HCl	64 mg	—

\*Nutrient Reference Value

**Ingredients:** Psyllium hulls (*Plantago ovata*), yellow dock root (*Rumex crispus*), sodium alginate, marshmallow root (*Althaea officinalis*), apple fruit pectin, activated charcoal, vitamin C (ascorbic acid), ginger rhizome (*Zingiber officinale*), betaine hydrochloride, zinc gluconate, selenomethionine, sodium copper chlorophyllin, vitamin E (d-alpha tocopheryl acetate), beta-carotene. Bulking agent; cellulose, anticaking agents; magnesium stearate, silicon dioxide, capsule shell (gelatin, water).

*May cause allergic reaction in persons sensitive to inhaled or ingested psyllium.*

*Not recommended for use during pregnancy.*

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LOT:  
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