

100034900315

## Nutrition Facts

Serving Size 31 grams (2 level scoops)  
Servings Per Container 15

	per 31 g	per 31 g %ECRDA	per 100 g	per 100 g %ECRDA
Energy	110 kcal		355 kcal	
Fat	2.5 g		8 g	
of which - saturates	0 g		0 g	
Carbohydrate	10 g		32 g	
of which - sugars	3 g		10 g	
Protein	13 g		42 g	
Salt	0.48 g		1.55 g	
Fibre	2 g		6 g	
Vitamin A	1125 µg	141%	3629 µg	454%
Vitamin D	7.5 µg	150%	24.2 µg	484%
Vitamin C	45 mg	56%	145 mg	181%
Thiamin	1.1 mg	100%	3.5 mg	318%
Riboflavin	1.3 mg	93%	4.2 mg	300%
Niacin	15 mg	94%	48 mg	300%
Vitamin B6	1.5 mg	107%	4.8 mg	343%
Folacin	300 µg	150%	968 µg	484%
Vitamin B12	4.5 µg	180%	14.5 µg	580%
Biotin	225 µg	450%	726 µg	1452%
Pantothenic acid	7.5 mg	125%	24 mg	400%
Potassium	100 mg	5%	323 mg	16%
Calcium	20 mg	3%	65 mg	8%
Zinc	11.25 mg	113%	36.3 mg	363%

Copper	1.5 mg	150%	4.8 mg	480%
Manganese	1.5 mg	75%	4.8 mg	240%
Selenium	52 µg	95%	168 µg	305%
Chromium	90 µg	225%	290 µg	725%
Molybdenum	56 µg	112%	181 µg	362%
Iodine	112.5 µg	75%	363 µg	242%

**INGREDIENTS:** VEGETABLE PROTEIN BLEND (pea protein [from split yellow peas], adzuki beans, black beans, garbanzo beans, rice protein [from brown rice]). GREEN AND WHOLE FOOD BLEND (amaranth, brown rice grain, spirulina, quinoa, flax seed hull lignans, chia, chlorella, millet, alfalfa, carrot, broccoli, rice bran and rice germ, artichoke, spinach, asparagus, kale, beet, parsley, chlorophyll), sunflower oil, fructose. FIBRE BLEND (short chain fructooligosaccharides [scFOS], soluble dietary vegetable fibre, pea fibre, bamboo fibre), natural flavours. ESSENTIAL FATTY ACID BLEND (flax seed, borage oil). FRUIT BLEND (mangosteen, goji, watermelon, blueberry, cranberry, grape skin, grape seed, pomegranate, acerola, lemon bioflavonoid), medium chain triglycerides. HERBAL BLEND (ceremonial grade matcha, lemongrass, chicory, horsetail), potassium citrate, sodium chloride, sodium citrate. ENZYME BLEND (papaya, plant-derived proteolytic enzyme, bromelain), mono and diglycerides. SWEETENER (stevia, maltodextrin, brown rice syrup, beta glucans, xanthan gum, guar gum, carrageenan (Irish moss extract), VITAMIN AND MINERAL BLEND (vitamin C, sodium selenate, biotin, niacinamide, vitamin A palmitate, zinc oxide, copper gluconate, d-calcium pantothenate, manganese, vitamin D, folic acid, potassium iodide, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamine hydrochloride (vitamin B1), sodium molybdate, cyanocobalamin (vitamin B12), chromium chloride).

This product contains vitamin A. Do not take if you are pregnant or likely to become pregnant except on the advice of a doctor or antenatal clinic.

NATURE'S SUNSHINE®

# PEA PROTEIN PLUS

Vegetable Protein Whole Food Drink Mix with added Green Foods, Fibre, Special Fruit Blend, EFA's, Herbs and Enzymes



Free from gluten, dairy, lactose - suitable for vegans

FOOD SUPPLEMENT WITH SWEETENER – 465 g – 15 day supply

Best before end – see base of container

Store in a cool, dry place, out of the reach and sight of children

Pea Protein Plus is a whole-food blend that contains a vast array of healthful, nutrient-rich plants, fruits, and herbs. This unique low carbohydrate combination contains no saturated fat or cholesterol, and offers a superb, nutritious blend that includes:

- vegetable proteins ▪ whole foods ▪ green foods
- antioxidants ▪ enzymes ▪ vitamins
- minerals ▪ fatty acids ▪ herbs

Protein contributes to the growth and maintenance of muscle mass, and the maintenance of normal bones, so it's important to consume enough protein each day to meet your daily requirements. Each serving of Pea Protein Plus, provides 13g of vegetable protein in a comprehensive nutritional blend to help augment your normal daily diet.

Antioxidant vitamins contribute to the protection of cells, DNA, proteins and lipids from oxidative damage. The fruit blend in Pea Protein Plus contains mangosteen, goji, and cranberry, and other nutritionally valued fruits.

The B vitamins contribute towards normal energy-yielding metabolism, a reduction in tiredness and fatigue, and a healthy nervous system. Thiamine (B1) contributes to the normal function of the heart, Riboflavin (B2) contributes to the maintenance of normal vision, Niacin (B3) contributes to the maintenance of normal skin, and Pantothenic Acid (B5) contributes to normal mental performance. Because B vitamins cannot be stored in the body, they must be replenished and topped up every single day.

The herbal blend contains ceremonial grade matcha, grown and harvested in Japan under the strictest traditional methods. The EGCG (Epigallocatechin gallate) content is approximately ten times that of regular green tea, and offers high amounts of catechins.

**Recommendation:** Mix two level scoops of powder with approximately 8 fl. oz. (237ml) of water and shake vigorously. One serving of 31g when mixed with water, provides 13 grams of protein. When combined with skimmed milk one serving provides 21g of protein. Scoop included.

Suitable for vegetarians and vegans.

*Food Supplements should not be used as a substitute for a balanced diet.*

*Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication.*

*Do not exceed the stated recommended daily dosage.*

*This container is sealed for your protection. Do not use if the seal is missing or damaged.*

*Nature's Sunshine uses natural source materials in its products that are subject to colour variation. Contents may settle during shipping.*



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Manufactured by  
Nature's Sunshine Products Inc., Utah, 84660, USA  
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Supplied by  
NSPUK, Hortonwood 32, Telford, TF1 7YL, UK