

Since 1972

Stock No. 1356

Manufactured by
Nature's Sunshine Products Inc., Utah, 84660, USA
Product of U.S.A.

Supplied by
NSPUK, Hortonwood 32, Telford, TF1 7YL, UK

Recommendation: Take one tablet with a meal twice daily, as a food supplement.

Ingredients: calcium bis-glycinate, magnesium oxide, di-calcium phosphate, potassium gluconate, calcium citrate hydrate, bulking agent; cellulose, anti-caking agent; stearic acid, vitamin C, horsetail stem and strobilus (*Equisetum arvense*), papaya fruit concentrate (*Carica papaya*), parsley leaf (*Petroselinum crispum*), valerian root (*Valeriana officinalis*), betaine hydrochloride, pineapple fruit juice concentrate, ferrous gluconate, anti-caking agent; magnesium stearate, zinc oxide, copper gluconate, borax decahydrate, magnesium bis-glycinate, pyridoxine, manganese citrate, licorice root extract (*Glycyrrhiza glabra*), vitamin B₁₂, vitamin D₂ and betacarotene prep.

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SKELETAL STRENGTH

A blend of minerals and vitamins for nutritional support of the skeletal system.

60 TABLETS - tablet weight 1400 mg

Food Supplement – 30 day supply

Best before end (shown at right of label).

Store in a cool, dry place out of the reach and sight of children.

Two tablets contain:	%ECRDA*
Vitamin A (RE) (from 500 µg betacarotene).....	150 µg 18.8
Vitamin D.....	2.5 µg 50
Vitamin C.....	75 mg 94
Vitamin B ₆	2.5 mg 179
Vitamin B ₁₂	15 µg 600
Potassium.....	50 mg 3
Calcium.....	300 mg 38
Phosphorus.....	94 mg 13
Magnesium.....	300 mg 80
Iron.....	1.5 mg 11
Zinc.....	7.5 mg 75
Copper.....	1.0 mg 100
Manganese.....	0.5 mg 25
Boron.....	0.5 mg —

*RDA = Recommended Daily Allowance

Suitable for vegetarians and vegans.

Food supplements should not be used as a substitute for a balanced diet.

Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication.

Do not exceed the stated recommended daily dosage.

This bottle is sealed for your protection. Do not use if inner seal is missing or damaged.

**LOT:
BBE:**