

Since 1972

Stock No. 1817

Manufactured by  
Nature's Sunshine Products Inc., Utah, 84660, USA  
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Supplied by: ZU Direct Ltd.  
Hortonwood 32, Telford, TF1 7YL, UK



# SUPER SUPPLEMENTAL VITAMINS & MINERALS

*A balanced profile of 23 vitamins, minerals and antioxidants contributing to protection of cells from oxidative stress and a reduction in tiredness and fatigue.*

Food Supplement – tablet weight 1300 mg – 60 day supply

120 TABLETS

Best before end (shown at right of label).

*Store in a cool, dry place out of the reach and sight of children.*

One tablet contains: %NRV\*

Vitamin A (80% retinyl palmitate, 20% beta-carotene)	1000 µg	125
Vitamin D <sub>3</sub>	2.7 µg	54
Vitamin E	18.2 mg	152
Vitamin C	125 mg	156
Thiamin	6 mg	545
Riboflavin	4.7 mg	336
Niacin (from niacinamide)	15 mg	94
Vitamin B <sub>6</sub>	7.2 mg	514
Folacin	85 µg	43
Vitamin B <sub>12</sub>	25 µg	1000
Biotin	79 µg	158
Pantothenic acid	34 mg	567
Calcium	105 mg	13
Phosphorus	66 mg	9
Magnesium	100 mg	27
Iron	7.5 mg	54
Zinc	7.5 mg	75
Copper	0.5 mg	50
Manganese	0.75 mg	38
Selenium	25 µg	45
Chromium	25 µg	63
Iodine	50 µg	33
Choline bitartrate	12.5 mg	–

\*Nutrient Reference Value

This product contains Vitamin A as retinol. Do not take if you are pregnant or likely to become pregnant except on the advice of a doctor or ante-natal clinic.

*This product contains iron, which, if taken in excess, may be harmful to very young children.*

**Recommendation:** Take one tablet with a meal twice daily.

**Ingredients:** Di-calcium phosphate, magnesium oxide, vitamin C, calcium bis-glycinate, potassium citrate, zinc gluconate, pantothenic acid, vitamin E (D-alpha tocopheryl acetate), l-selenomethionine, ferrous fumarate, niacinamide, choline bitartrate, inositol, pyridoxine hydrochloride, calcium citrate, magnesium bis-glycinate dihydrate, biotin, thiamine mononitrate, beta-carotene, para aminobenzoic acid, riboflavin, vitamin A palmitate, copper gluconate, manganese citrate, alfalfa aerial parts (*Medicago sativa*), asparagus stems (*Asparagus officinalis*), broccoli flowers (*Brassica oleracea* var. *italica*), cabbage leaves (*Brassica oleracea* var. *capitata*), hesperidin bioflavonoid extract, lemon bioflavonoid extract (*Citrus limon*), rutin, cyanocobalamin, rosehips fruit extract (*Rosa canina*), horsetail stems & strobili (*Equisetum arvense*), vitamin D<sub>3</sub> (cholecalciferol), potassium iodide, chromium chloride, folic acid, kelp leaves & stems (*Ascophyllum nodosum*, *Laminaria digitata*). Bulking agent; microcrystalline cellulose, anti-caking agent; stearic acid, bulking agent; carboxymethylcellulose sodium, anti-caking agents; magnesium stearate, silicon dioxide.

*Do not exceed the stated recommended daily dosage. Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication. Food supplements should not be used as a substitute for a balanced diet. This bottle is sealed for your protection. Do not use if inner seal is missing or damaged.*

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BBE: